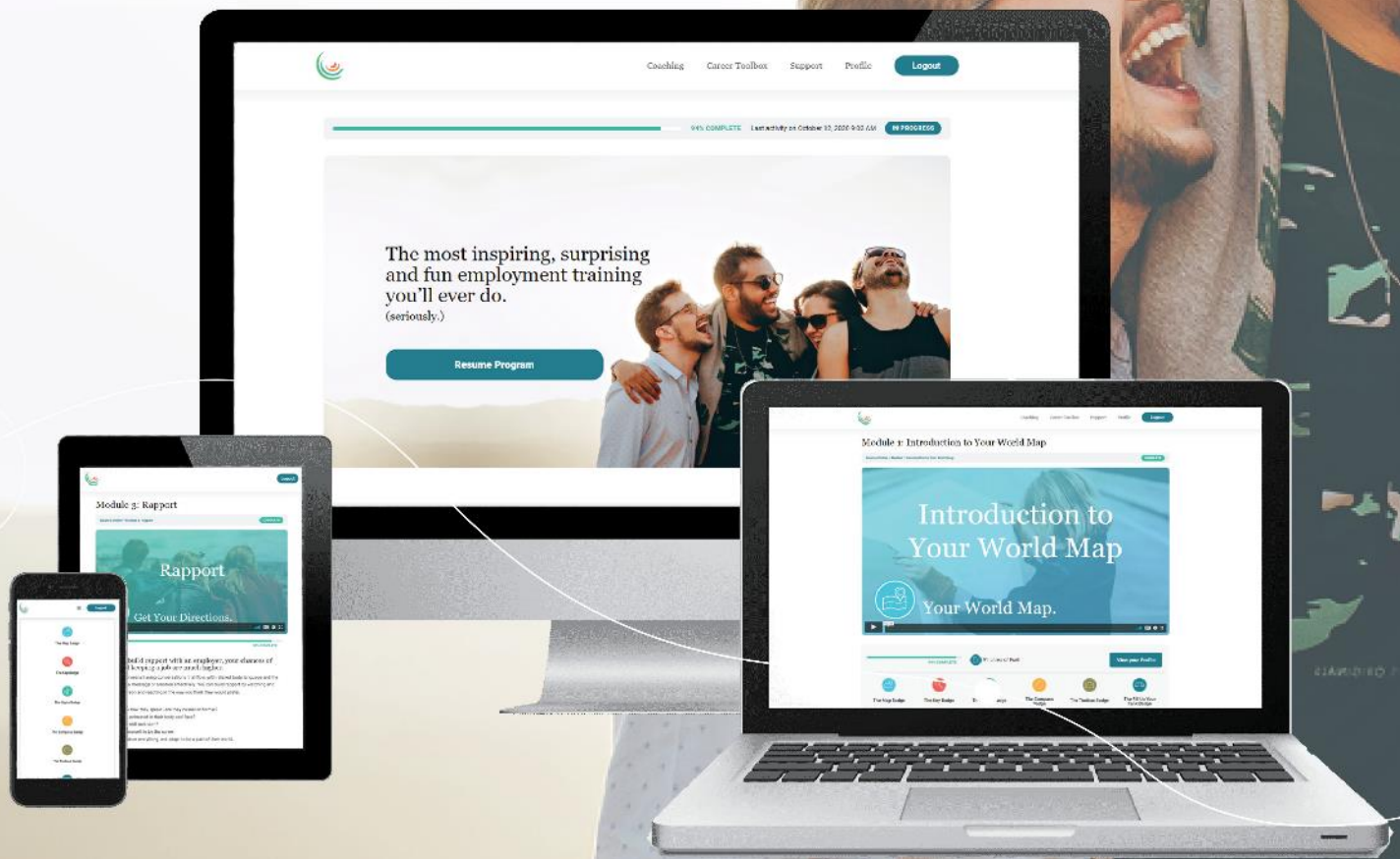


# The Bounce Program

# Find Your Way

## *Training Reinvented*



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www.bounceaustralia.com



bounceconsulting



bounce

- the way finders -



## The Bounce Program

When Bounce Australia began in 2006, job seekers were at the heart of our business. And they still are today. Our flagship, globally recognised Bounce Program, is an evidence-based transformational soft skills program credited with impacting the lives of tens of thousands of people across the USA, Australia and New Zealand.

The Bounce Program delivers the core personal success skills everyone needs before they can get out there and start living their dream. Not only does the program give confidence, motivation and clarity; it also helps people discover, plan and work towards goals for their future while breaking through the personal and emotional barriers that are holding them back.

Bounce takes into account all the science behind human behavior and how it links to behavior change. It uses a 'coaching approach' to learning rather than a 'teaching approach', creating a program designed specifically for people that can be hard to engage and hard to change.

Expertly crafted, the program is designed to get even the most disengaged clients excited about their futures, and we've experienced next-level success with our participants.

## A training revolution is here

Bounce Online is a revolutionary adaptation of the original Bounce Program. The idea is simple; pass on valuable transferable skills easily and conveniently and improve the lives of those who need it most.

With today's growing need for flexible digital learning and training, Bounce Online is a comprehensive one-of-a-kind training program that incorporates coaching support for all participants. The online program provides your clients with insight and deep understanding of who they are and what is important to them, so they can create a plan and find their way into work.

Bounce Online takes all of the components people love about the face-to-face program and makes it accessible to anyone, anywhere. It features all of the essential soft skills training, tools and techniques used in the live program, coupled with the ease of completing it wherever and whenever it suits the client best.

The program features:

- A Pre-Assessment 'Stages of Change' to determine your clients level of engagement & appetite for change.
- Five dynamic learning modules including video modelling, interactive quizzes and digital activities that keep your clients engaged and motivated.
- Gamification features that reward your clients for their progress and active engagement in the program.
- A career toolbox filled with templates and how-to-guides for resumes and interviews.
- Group coaching sessions over the phone with certified Bounce Coaches.

At the click of a button, your clients will access the most inspiring, surprising and fun employment training available and be supported with a range of tools to help them on their employment journey.

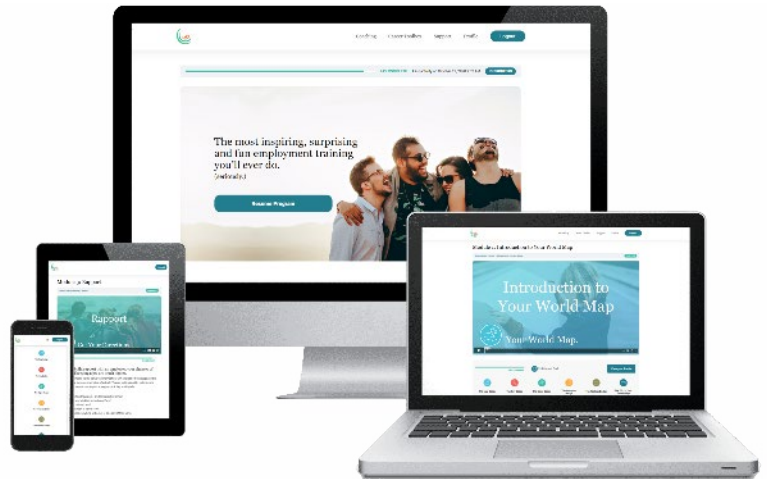


## Who's it suitable for?

Bounce Online is perfect for any person looking for employment through employment providers, career centres, outplacement organisations or recruiting agencies.

The program can be used to service all job seekers nation-wide.

The digital platform is simple and easy to use while being accessible anywhere, and will immediately help your clients prepare for work or further training. The program is a wrap-around approach to client support and engagement, meeting them where they're at and providing them with tools, resources and strategies tailored to the individual.



## What can your clients expect?

- ✓ An easy platform to navigate through that allows them to save their progress as they go.
- ✓ An access-anywhere system with a secure login that means they can work through modules on their smartphone, tablet or computer, anywhere they can access the internet.
- ✓ Career options they may not have considered through My Job Outlook – the career discovery quiz.
- ✓ New-found confidence and skills, so that when the time is right, they'll be ready to take their next steps into further study or work.
- ✓ Surprising, inspiring, fun content – The Bounce Program is the best employment program anyone can do.

The Bounce Methodology is the secret to the Bounce Program's success and is what sets it apart from all other job readiness training available. The program's five modules of self-paced learning feature elements of research from a range of human behaviour change sciences. It combines positive psychology and emotional intelligence with behavioural economic insights and nudging techniques in a unique training program that gets real and lasting results. It includes gamification strategies that reward and recognise effort and engagement with the content and encourage participants to keep moving through the program.



Clients that complete the modules in Bounce Online will experience a personal and professional transformation that is empowering and genuine. It takes clients on a journey of self-discovery, exposing them to a new world of opportunity and shifts them from undesirable and vulnerable circumstances to a life of unlimited possibility.



## What information do you access?

For every participant that moves through the program, you will get instant access to a comprehensive set of program results that will give you invaluable insights into every client. Log in to your user profile, and through the dashboard, you can check the progress and results of any participant at any time.

- The Stages of Change Pre-Assessment survey results - the survey results will give you insight into a clients motivation for change and will include strategies for improved engagement and support.
- Career/Work Values & Communication Styles – will give you an understanding of what is important to your client and how they communicate and like to be communicated too. These are valuable insights when it comes to developing trust and rapport with your clients.
- Employment Preference Summary – this will give an insight into where a client would like to work and what types of work they would like to do.
- My Job Outlook Quiz Report – the career discover quiz report will give you insight into your clients' professional personality type and clarity around the ideal career pathways for them to pursue.
- Coaching support from the Bounce Team – each week Bounce Coaches Matt and Chris host a live troubleshooting Q&A coaching session designed to help you understand the results and how you can use this information to support your clients to complete the program.

## How does it work?

There are two delivery models – Self-Paced or Structured. The **Self-Paced** delivery model allows organisations and participants to work through the program as they choose within the allocated delivery timeframe. The **Structured** model (recommended) includes exclusive coaching support from Bounce Coaches and is delivered over a four week period. There are three different pricing packages within each of the delivery models, and there are delivery timeframes allocated to each package.

Organisations that purchase a Bounce Online package will be provided with individual login access for each staff member they nominate. Staff, through their dashboard access, will be able to register clients into the system. Program participants will then be sent a 'Welcome' email with a link to Bounce Online where they will be directed to set up a personal login which they will use to access the portal and set up their profile.

As each participant completes a module, providers and job coaches can view how often their clients are interacting with the system and their progress through the program. If clients are not engaging with the portal, job coaches will see this in the dashboard. Participants have up to three months to complete the program.

Both delivery models feature coaching support from Bounce Coaches. The Self-Paced model features weekly ZOOM coaching calls with participants from all across Australia, and the sessions are general in their delivery. The Structured model features weekly ZOOM coaching calls with an exclusive Bounce Coach allocated to your organisation. This model requires participants to work through the program in a shorter timeframe, and the coaching sessions are structured around the modules in the program.



## How much does it cost?

There are two different delivery models – **Self-Paced** and **Structured**, and there are three packages – Basic, Gold, Premium available to purchase. There's an option to suit everyone looking to bring their clients into the program, from smaller numbers of 100 clients right through to 1000 or more.

Please contact us at [info@bounceaustralia.com](mailto:info@bounceaustralia.com) for our **Frequently Asked Questions & Pricing** brochure. The program is incredibly cost-effective and includes bonuses and special offers. Talk to us today about how we can work together.

## What are people saying about it?

“ I put my clients into the Bounce Program because some lack confidence and others have a lack of clarity with regards to their career goals/direction. By participating in Bounce they gain incredible insight into their strengths and capabilities. The Program reports are really impressive. They provide me with information about my clients behaviours and habits as well as insight into their work values, employment goals, communication styles and transferable skills. It would have taken quite a number of sessions to gain this level of insight into my clients, and I don't believe it would have been to this depth. My clients are more confident which is leading to better engagement.

*-Chantel, Case Manager OPP Program MAX Solutions*

“ The client completion reports are impressive and highly beneficial as they indicate a participants engagement skills and the barriers or challenges that need to be focused on. The sections of the report that really stand out include participants being able to identify their qualities and skills and for them to uncover the values and traits that are holding them back. It would take at least three sessions to gather just some of this information in normal face-to-face appointments.

*-Mo, Job Coach JobLink MidWest*

Head to [www.thebounceprogram.com](http://www.thebounceprogram.com) for more participant testimonials and feedback.

## More questions?

Ask us for a copy of our Frequently Asked Questions booklet via our email address [info@bounceaustralia.com](mailto:info@bounceaustralia.com) or call us (03) 7035 0178.

You can also book a demonstration and personal tour of the Bounce Online system with one of our team members at a time that suits you best. Head to [www.thebounceprogram.com/helping-clients](http://www.thebounceprogram.com/helping-clients) and register for a demo today.

Bounce Australia  
we coach, train and mentor  
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