

Managing Vs Leading

Overview

Working with a team can be challenging at times. Personalities, values and motivations can differ greatly from person to person, and as a leader, you need to be adaptable to each at a moment's notice to be able to positively influence.

This interactive workshop is designed to help you effectively communicate and influence your staff, gain clarity in how to best lead your team and support a happier working environment. Focusing on self-reflection, assessment of yourself and others, and the differences in managing and leading, this workshop provides you with new skills to use in your everyday working life.

Course content

- Develop a high level of emotional intelligence and understand how to recognise our individual feelings and the feelings of others around us, leading to how we behave.
- The science behind the Triune Brain Theory and how it impacts our day to day life.
- Understand “below the line” and “above the line” behaviours; exploring the impact they have in the workplace both positively and negatively.
- Identify who in your team is a super worker and who is not.
- Communicate effectively by being conscious of how we exchange information and how we all have different styles.
- Clear points differentiating managing and leading.
- Develop an action plan identifying areas on what we need to start doing, stop doing and keep doing; providing a clear direction on personal accountability.

Who's it for

This course will benefit all leaders, directors and managers from a variety of backgrounds and skill levels who wish to develop their leadership skills to boost effectiveness at work and attain better team results.

Options

Time: 2 hours to a full day
Delivery: Easily tailored to suit
(In-house workshop, webinar, group delivery or individual coaching)



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